























BRIDGES Activity Calendar

February 2019

In February there is everything to hope for and nothing to regret. - *Patience Strong*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>IN CRISIS AND NEED SOMEONE?</p> <p>Hinton Mental Health 780-865-8247 Mental Health Helpline 1-877-303-2642 Yellowhead Distress Line 1-800-232-7288 Yellowhead Emergency Shelter 780-865-5133</p>			<p><i>Ukulele Night has moved to Wednesdays!</i></p>	<p>Returning to Bridges: F.R.I.E.N.D.S. Female Role In Empowerment and Nurturing Developmental Strategies</p>	<p>1 COFFEE TIME 10 AM  ZUMBA 7PM</p>	<p>2 PRIVATE FUNCTION</p>
3	<p>4 COFFEE TIME 10 AM </p>	<p>5 Hamburger Soup & Buns  ★ Share Shop AGM 7PM</p>	<p>6 Closed for Seniors Mental Health First Aid Workshop 7PM  HINTON UKULELE GROUP</p>	<p>7 <i>No hot lunch today</i></p>	<p>8 COFFEE TIME 10 AM  ZUMBA 7PM</p>	9
10	<p>11 COFFEE TIME 10 AM </p>	<p>12 Chicken Noodle & Egg Salad Sandwiches </p>	<p>13 COFFEE TIME 10 AM  Rotary Club Men's Group 1pm 7PM  HINTON UKULELE GROUP</p>	<p>14 Pizza & Salad </p>	<p>15 COFFEE TIME 10 AM  Lil' Chefs 10 AM ★ BRIDGES' Board Meeting 11:30 ZUMBA 7PM</p>	<p>16 FCSS & Hinton's Filipino Community Dinner 5:30 PM</p>
17	<p>18 COFFEE TIME 10 AM </p>	<p>19 Potato Soup & Cheese Buns </p>	<p>20 COFFEE TIME 10 AM  Rotary Club Men's Group 1pm Bowling 2pm 7PM  HINTON UKULELE GROUP</p>	<p>21 Beef Stew & Buns </p>	<p>22 COFFEE TIME 10 AM  Jam Session 7 PM</p>	<p>23 Board Governance FCSS Workshop 8:30-4:30 PRIVATE FUNCTION 5:00 PM</p>
24	<p>25 COFFEE TIME 10 AM  F.R.I.E.N.D.S. Women's Group 6:30</p>	<p>26 Mushroom Soup & Tuna Sandwiches </p>	<p>27 COFFEE TIME 10 AM  Rotary Club Men's Group 1pm 7PM  HINTON UKULELE GROUP</p>	<p>28 Turkey à la King with Rice & Veggies </p>		