




























# BRIDGES Activity Calendar

# March 2019

"If you want others to be happy, practice compassion. If you want to be happy, practice compassion." – Dalai Lama

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>IN CRISIS AND NEED SOMEONE?</b></p> <p>Hinton Mental Health 780-865-8247            Mental Health Helpline 1-877-303-2642            Yellowhead Distress Line 1-800-232-7288            Yellowhead Emergency Shelter 780-865-5133</p>			<p><b>Ukulele Night Every Wednesday!</b></p>	<p>Women's support and girl power! F.R.I.E.N.D.S. Female Role In Empowerment and Nurturing Developmental Strategies</p>	<p>COFFEE TIME 10 AM </p> <p><b>ZUMBA 7PM</b></p>	<p>1 2</p>
<p>3</p> <p><b>BRIDGES SHARE SHOP WEEK MARCH 4<sup>TH</sup> - 10<sup>TH</sup></b></p>	<p>4</p> <p>COFFEE TIME 10 AM </p>	<p>5</p> <p>Chicken Noodle &amp; Egg Salad Sandwiches </p>	<p>6</p> <p>COFFEE TIME 10 AM </p> <p>Rotary Club Men's Group 1pm</p> <p>7PM  HINTON UKULELE GROUP</p>	<p>7</p> <p>Chili &amp; Fries </p>	<p>8</p> <p>COFFEE TIME 10 AM </p> <p>Lil' Chefs 10 AM</p> <p><b>ZUMBA 7PM</b></p>	<p>9</p> <p>PRIVATE FUNCTION</p>
<p>10</p>	<p>11</p> <p>COFFEE TIME 10 AM </p>	<p>12</p> <p>Beef Noodle Soup &amp; Buns </p>	<p>13</p> <p>COFFEE TIME 10 AM </p> <p>Men's Group 1pm</p> <p>★ Victim Services AGM 5PM</p> <p>7PM  HINTON UKULELE GROUP</p>	<p>14</p> <p>Ham &amp; Scallop Potato Casserole </p>	<p>15</p> <p>COFFEE TIME 10 AM </p> <p>BRIDGES Board Meeting 11:30</p> <p><b>ZUMBA 7PM</b></p>	<p>16</p>
<p>17</p>	<p>18</p> <p>COFFEE TIME 10 AM </p>	<p>19</p> <p>Perogy Soup </p>	<p>20</p> <p>COFFEE TIME 10 AM </p> <p>Rotary Club Men's Group 1pm</p> <p>Bowling 2pm</p> <p>7PM  HINTON UKULELE GROUP</p>	<p>21</p> <p>Shepherd's Pie </p> <p>FCSS &amp; Big Horn Mining Community Dinner 5:30 PM</p>	<p>22</p> <p>COFFEE TIME 10 AM </p> <p> BRIDGES ANNUAL TRIVIA NIGHT! </p> <p><b>ZUMBA 7PM</b></p>	<p>23</p>
<p>24/</p>	<p>25</p> <p>COFFEE TIME 10 AM </p> <p>F.R.I.E.N.D.S. Women's Group 6:30</p>	<p>26</p> <p>Mushroom Soup &amp; Chicken Sandwiches </p>	<p>27</p> <p>COFFEE TIME 10 AM </p> <p>Rotary Club Men's Group 1pm</p> <p>7PM  HINTON UKULELE GROUP</p>	<p>28</p> <p>Pancakes &amp; Sausages </p>	<p>29</p> <p>COFFEE TIME 10 AM </p> <p>Jam Session 7 PM</p> <p><b>ZUMBA 7PM</b></p>	<p>30</p>
<p>/31</p>						